

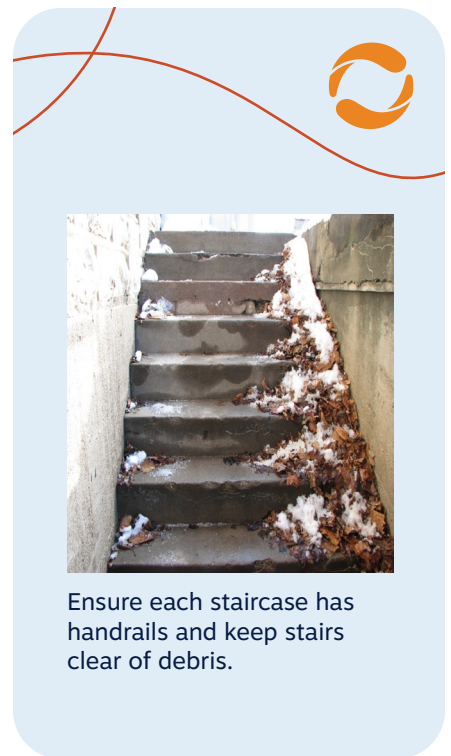
# Stair Safety

**Anyone that uses stairs is at risk of falling. Falling down stairs is very common and can result in costly and painful injuries. Common causes of stair falls are snow, ice, improper storage, poor maintenance and inadequate lighting. Review these stair safety tips with your employees.**



## Tool Box Tips

- Do not run up or down stairs.
- Do not carry objects that block your vision.
- Keep trash, clutter and waste cleaned up.
- Never store boxes, tools or supplies on stairways.
- Provide handrails and a mid-rail on stairways.
- Make sure leaves, ice and snow are cleared during the winter months.
- Do not run air hoses or electrical cords across stairs.
- Inspect stairways regularly.
- Use every stair—do not skip stairs when coming up or going down.
- Wear good-quality, slip-resistant footwear.
- Wipe up spills immediately. Report all damage and safety concerns.
- Switch lights on when working at night or in the early morning.



Ensure each staircase has handrails and keep stairs clear of debris.

*These advisory materials have been developed from national standards and sources believed to be reliable, however, no guarantee is made as to the sufficiency of the information contained in the material and MEM assumes no liability for its use. Advice about specific situations should be obtained from a safety professional.*